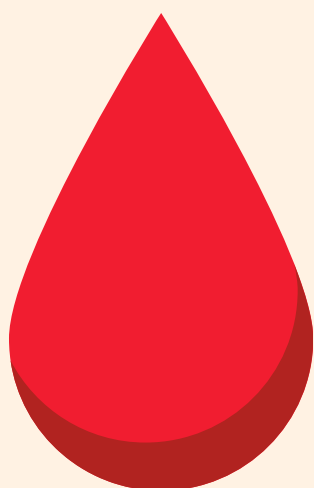




**NORMALIZE PERIODS.
END THE STIGMA.**

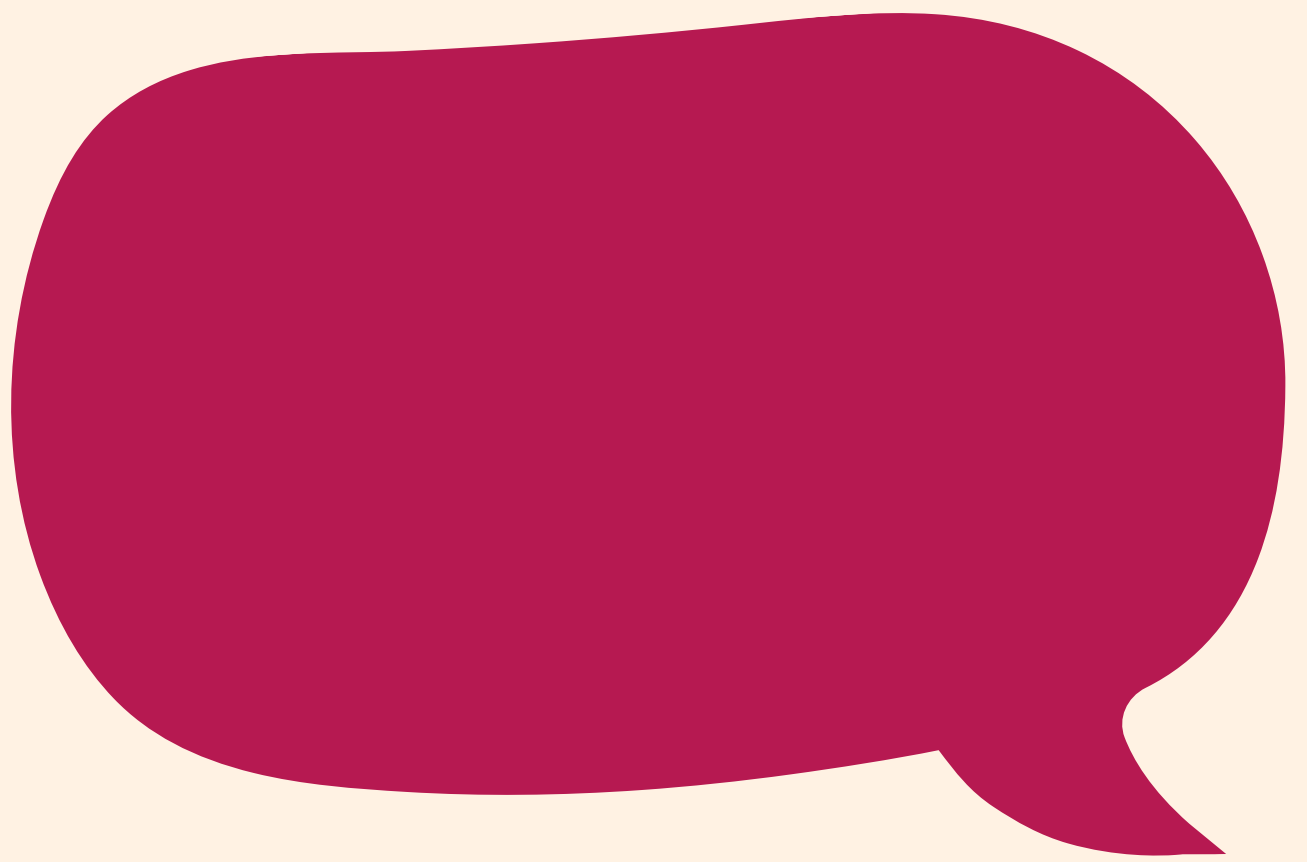
**TALK ABOUT IT.
PERIOD.**



#TalkAboutItPeriod

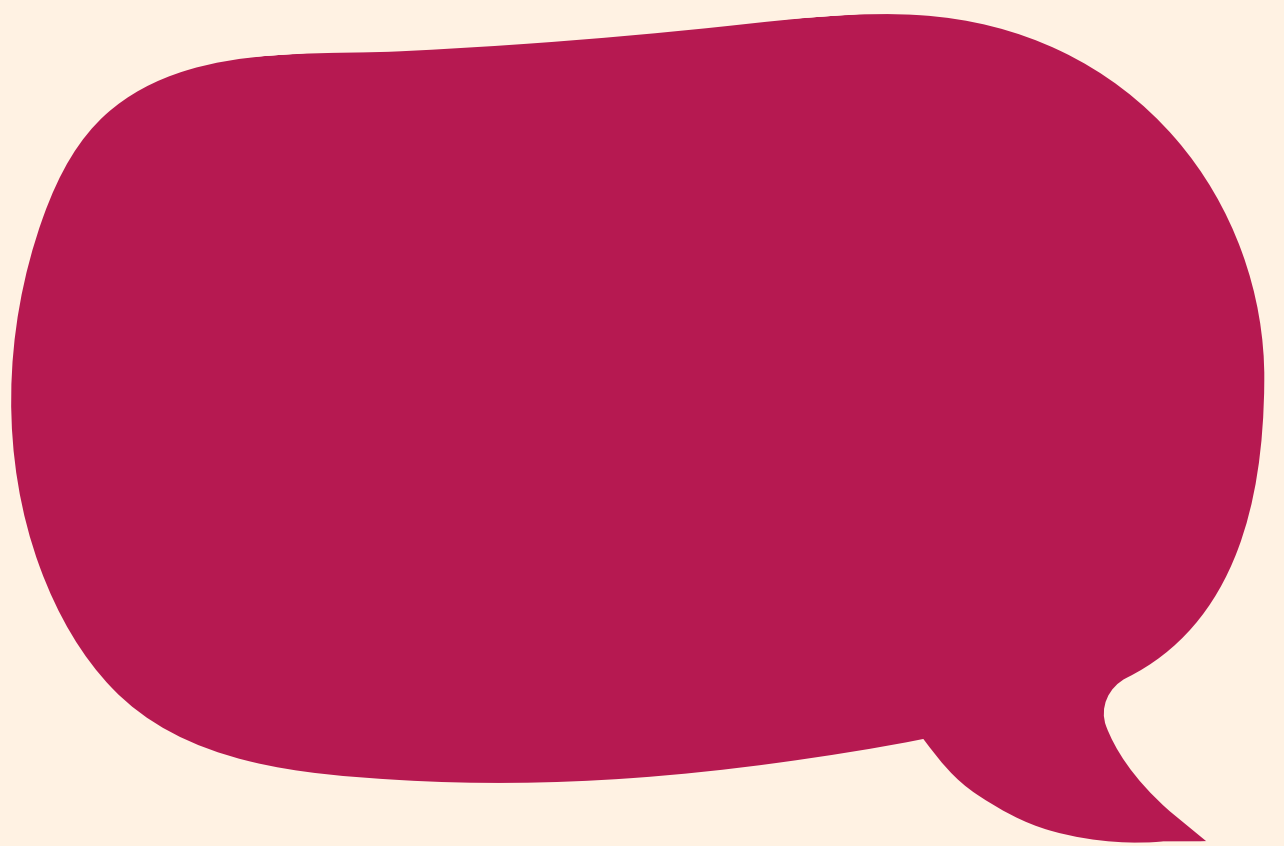


**What is your go-to
period snack?**



#TalkAboutItPeriod

**What is your favorite
period product and
why?**



#TalkAboutItPeriod



**What is your favorite
form of self care
during yur period?**

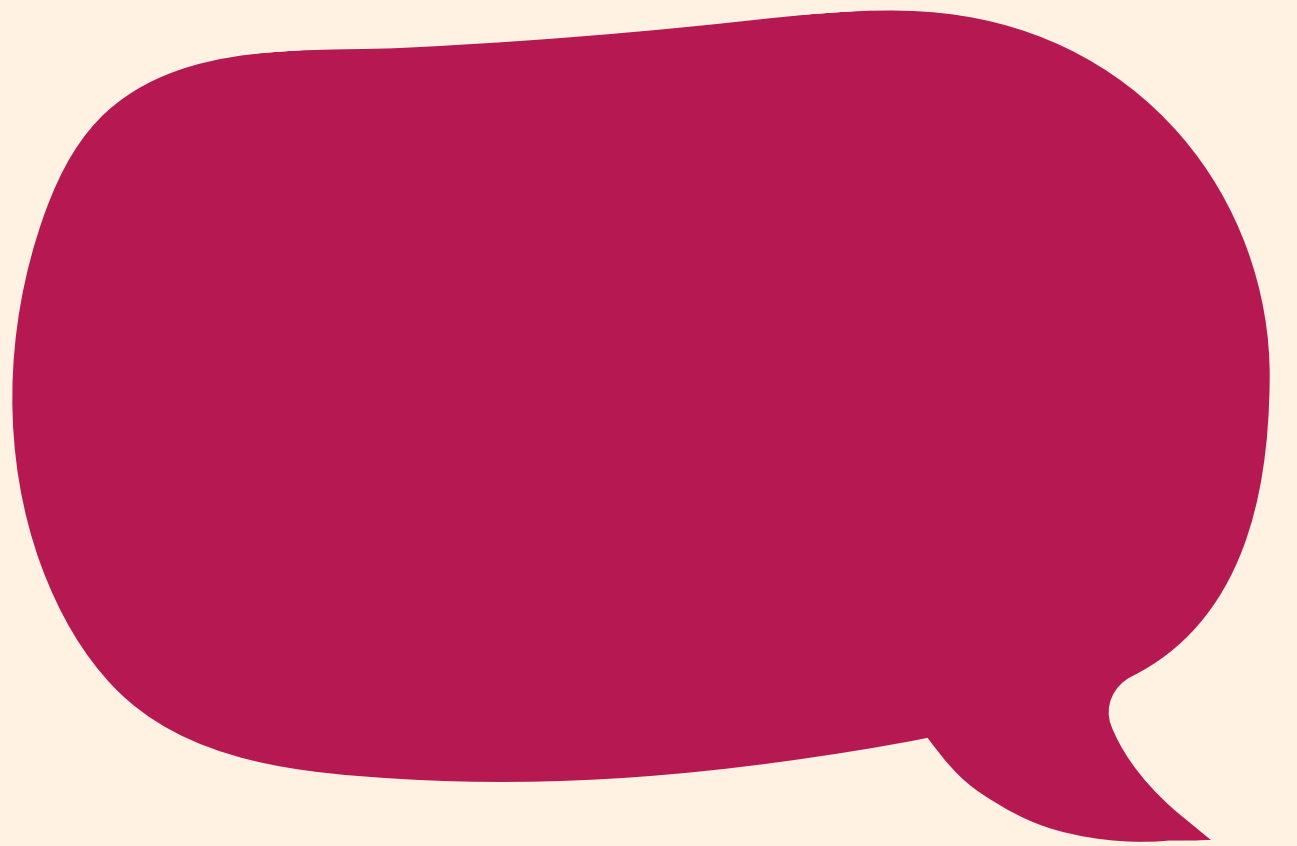
#TalkAboutItPeriod

**How does your
cultural background
influence the way you
perceive menstruation?**

#TalkAboutItPeriod



**How do you handle talking
to male friends or people?
who don't experience
periods about menstruation**

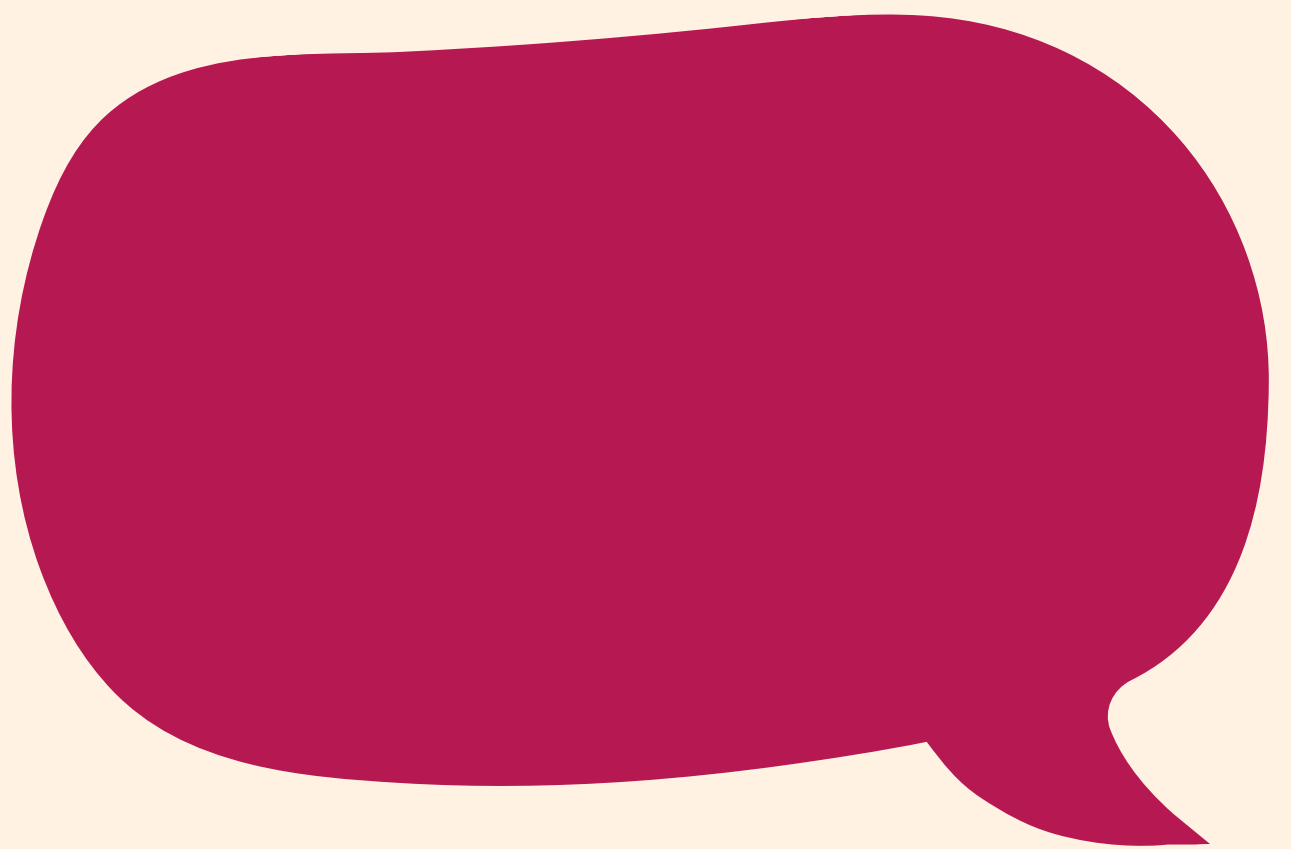


#TalkAboutItPeriod

**Share your own period
prompt on your social
channels using the next
slide!**

**Tag us @global_glow
and use the hashtag
#TalkAboutItPeriod**

#TalkAboutItPeriod



#TalkAboutItPeriod