

PERIOD POVERTY
PERIOD STIGMA
PERIOD MYTHS
MIGRANT QUAL
EQUITY
MENTAL
VIOLENCE
DIVERSITY
PERIOD
POVERTY
PERIOD

LET'S TALK ABOUT IT. PERIOD.

#TalkAboutItPeriod

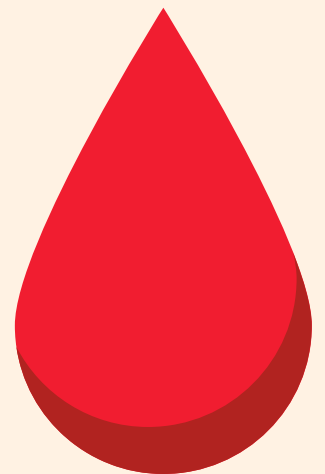


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**1.8 billion people
menstruate
every month.**

But period stigma
still impacts
women and girls'
lives every day.

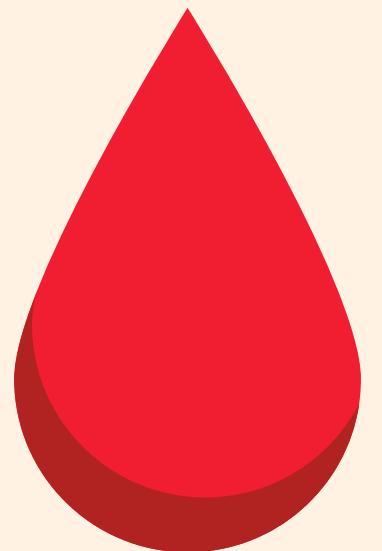
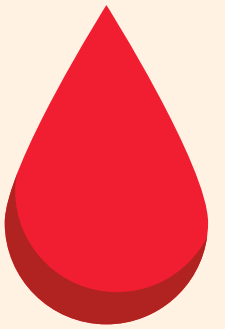
#TalkAboutItPeriod



Myths and misconceptions about menstruation are widespread and vary across cultures, religions, and societal expectations.

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**LET'S
BREAK THE
CYCLE AND
TALK
ABOUT IT.
PERIOD.**





May 28th is Menstrual Hygiene Day.

TAKE ACTION

- **Join the conversation and use the hashtag [#TalkAboutItPeriod](#).**
- **Learn about Menstruation Myths on our website and start raising awareness (link in bio).**
- **Fill out our Period Prompts and share them on your social channels (link in bio).**

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Source: Human Rights Law Review, May 2024

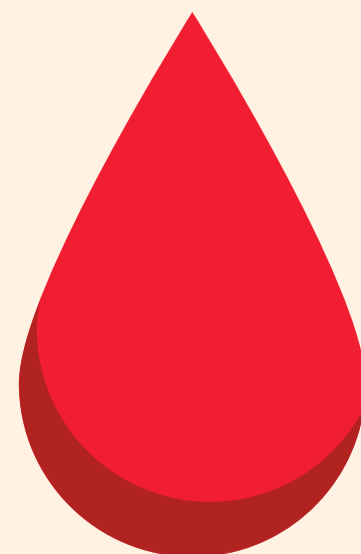
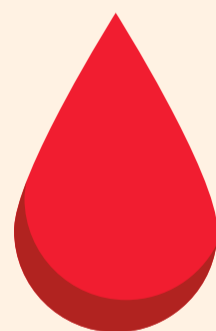
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